



MODULE 8

MIND
RISE

THEMINDRISE.com

Own Your Power Mastery

Wow! Can you believe we are in the final stretch of Your Journey! Today our focus will be to bring all of our lessons together to TAKE ACTION! In Module 8, we'll examine how we can get into the driver's seat of creating action plans for our goals. We will step out of our perceived circumstances and begin to identify where we can **start taking action today.**

MODULE 8: *Taking Action*

This is where "rubber meets the road." Have you ever wondered why a person who becomes successful tends to continue to become more successful? And, it seems that someone who's a failure often continues to fail?

Key Elements: **Taking Action**

- Use your desires to take action on living your vision for the future (NOW!)
- Learn take action in alignment with your theme & intentions
- Discover how to begin living today in a way that feels authentic to your goals

Tools: **Taking Action**

- I Am Action Reflection
- Up-Level Action Guide
- Workflow Strategy Map

I AM Action Reflection

"You are what you think about all day" - Allen Ginsberg

I am: _____

5-10 accomplishments or experiences that will make me feel this way:

3 Things I will do **today** to generate those feelings:

- 1.
- 2.
- 3.

3 Things I will do **this month** to generate those feelings:

- 1.
- 2.
- 3.

3 people to connect with who help me feel this way:

- 1.
- 2.
- 3.

Up-Level Action Guide

"People are always blaming their circumstances for what they are. I don't believe in circumstances. **The people who get on in this world are the people who get up and look for the circumstances they want, and if they can't find them, make them.**"

- *George Bernard Shaw*

Intention:

Making it happen actions:

1.

2.

3.

Intention:

Making it happen actions:

1.

2.

3.

Intention:

Making it happen actions:

1.

2.

3.

Work Strategy Map

As long as you've got **passion**, faith and are willing to work hard,
you can do **anything you want in this life.**"

Project 1:

Step	Task	Complete

Work Strategy Map

Project 2:

Step	Task	Complete

Work Strategy Map

Project 3:

Step	Task	Complete

Own Your Power Mastery

You've completed Module 8!

Let's celebrate! Screenshot
or snap a picture of the next
page...

Post on your story + tag
[@themindrise](#) on Instagram
to step confidently into
taking action!



*Persistent Action
+
Passion*

M | N D
R | S E